

2019 Powerlifting Meet Results

Light 164-		Name	Squat 3	Bench 3	Deadlift 3	Total
1	132	Simon Zkic	125	90	175	390
2	135	Gabe Greaser	250	130	280	660
3	139	Jacob Haddad	185	100	245	530
4	140	Chris Stiles	135	105	215	455
5	140	Elam Wilson	190	125	275	590
6	140	Zechariah Henderson	265	140	305	710
7	142	Reuban Staal	155	125	200	480
8	150	Izaak Lornz (Abs.)	170	120	255	545
9	150	Jordan Saranga	230	165	290	685
10	151	Seth Malone	220	150	270	640
11	154	Westley Campbell (Abs.)	200	140	250	590
12	155	Elias Noe (Abs.)	DNC	DNC	DNC	0
13	164	Ian Lexa	155	155	205	515

Mid. 165-184		Name	Squat 3	Bench 3	Deadlift 3	Total
1	165	Natahn Weese	240	DNC	DNC	240
2	168	Curtis Powell	225	165	270	660
3	171	Jared Trucks	300	185	320	805
4	179	Sam Nicholson	215	170	275	660
5	179	Joseph Eames	405	275	460	1140
6						0
7						0
8						0
9						0
10						0

Heavy 185+		Name	Squat 3	Bench 3	Deadlift 3	Total
1	190	Micah Turgeon	285	210	415	910
2	190	Owen Pulis	235	165	305	705
3	200	Kyle Hardin	345	210	440	995
4	202	Rufaro Manyepa	300	200	480	980
5	203	Kumbi Matemadombo	300	240	DNC	540
6	209	Matthew Castillo	315	240	460	1015
7	220	Josh Taylor	260	145	305	710
8	224	Bill Wallace	225	165	310	700
9						0
10						0

Yellow = 1st place    Orange = 2nd or 3rd

DNC = Did Not Compete

[Wilks Calculator](#)

What is the Wilks score used for?

The Wilks formula is used to compare lifted weight in powerlifting between lifters of different bodyweight and gender - so you can compare the strength of men and women and lighter and heavier lifters.

Simple calculations based on how many times bodyweight you can lift is not a good indication of the strength of powerlifters, as this does not scale in a linear fashion.

It would highly disadvantage the heavier lifter versus the lighter lifter.

Wilks takes the weight lifted and compares it to what elite lifters lift at the same bodyweight - and scores you accordingly.

The formula is based on research and a coefficient calculated by Robert Wilks of Powerlifting Australia and is used in most powerlifting federations around the world.